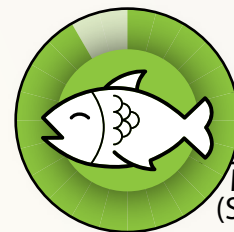




*Wild Caught*  
**PACIFIC COD**

**Great Moisture Content, Excellent Flaking Quality, Economical and Consistent**



**HIGH Sustainability**  
MSC Certification  
(Some Catch Areas)



**Value Added - Premium Quality  
Natural - Produced in Asia**





SINBAD  
*Gold*

# PACIFIC COD



SINBAD Gold *Wild Caught* Pacific Cod are premium quality, naturally preserved and processed in Asia. Pacific Cod is a popular fish with a mild flavor, delicate texture and medium oil content. This is an extremely versatile fish that is an excellent alternative to Halibut and responds well to all cooking methods.

## TARGET APPLICATIONS

- Buffets
- Center of Plate
- Staff Meal Solutions

## FEATURES & BENEFITS

- Premium Quality Raw Materials
- **Naturally Preserved**
- Processed Under Strict Supervision
- 100% Net Weight Guarantee
- A Versatile Value Priced Protein



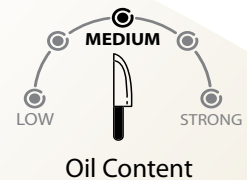
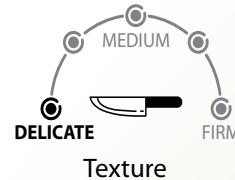
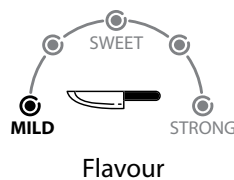
SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. **Our industry best 7-Step Quality Control Process** delivers comprehensive inspections at every stage of processing.

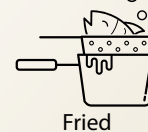
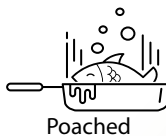
CLICK OR SCAN TO  
CONNECT WITH A  
TRADEX REP.



## CULINARY COMPOSITION



## COOKING METHODS



## Nutrition Facts

Serving size	(113g)
Amount Per Serving	
<b>Calories</b>	<b>80</b>
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 17g</b>	<b>34%</b>
Vitamin D 2mcg	10%
Calcium 11.7mg	0%
Iron 0.198mg	2%
Potassium 348mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FORM

SIZES

SPECS

PACK

PORTIONS

2-3oz

IQF, Chem Free,  
Skinless, Boneless

1x10LB

## MENU IDEAS



- Pan Seared Cod with Lemon & Butter Fish Tacos
- Pan-Braised Cod with Puttanesca Sauce
- Dark Ale Battered Pacific Cod Fish & Chips



EXPLORE MORE AT  
[www.tradexfoods.com](http://www.tradexfoods.com)

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tradex@tradexfoods.com

